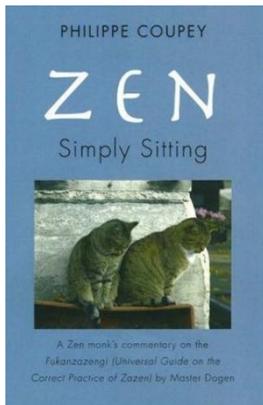


Get eBook

ZEN, SIMPLY SITTING: A ZEN MONK'S COMMENTARY ON THE FUKANZAZENGI BY MASTER DOGEN



Hohm Press, U.S. Paperback. Book Condition: new. BRAND NEW, Zen, Simply Sitting: A Zen Monk's Commentary on the Fukanzazengi by Master Dogen, Philippe Coupey, Long-time Zen teacher Philippe Coupey offers readers a fresh, sometimes irreverent, perspective of an ancient classic - the "Fukanzazengi", a short basic text on how to practice zazen, written by the Master Dogen in 1227. "The Fukanzazengi" is highly venerated within the Zen tradition, and is systematically recited in Zen temples. Dogen's actual text is only three...

Read PDF Zen, Simply Sitting: A Zen Monk's Commentary on the Fukanzazengi by Master Dogen

- Authored by Philippe Coupey
- Released at -

DOWNLOAD



Filesize: 8.07 MB

Reviews

Totally one of the better pdf I have at any time read through. It really is simplified but shocks within the 50 % from the ebook. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- **Mariano Spinka**

Simply no words and phrases to spell out. It can be written in straightforward words and phrases rather than confusing. Your way of life period will likely be convert the instant you complete looking at this ebook.

-- **Mrs. Leilani Abbott II**

The book is simple in go through better to understand. It usually will not cost an excessive amount of. You will not feel monotony at at any time of your own time (that's what catalogues are for concerning in the event you ask me).

-- **Taya Johns**