



Letters from an Extreme Pilgrim: Reflections on Life, Love and the Soul

By Peter Owen Jones

Ebury Publishing. Hardback. Book Condition: new. BRAND NEW, Letters from an Extreme Pilgrim: Reflections on Life, Love and the Soul, Peter Owen Jones, On a journey that would take him deep into the wilderness, award-winning television presenter, author and parish priest Peter Owen Jones sets out in the footsteps of St Anthony, the founder of monasticism. In a hermit's cell in the heart of the Egyptian Sinai Desert, he lived alone, spending his days in contemplation and prayer, and pushing himself to the limits of physical, mental and spiritual endurance. "Letters from an Extreme Pilgrim" is based on the extraordinary letters that he wrote during this time. They are addressed to a thought-provoking array of figures - parents, children and past loves, prime ministers, singers, saints and sinners. Each letter is a powerful meditation and an honest exploration of the ways in which we are formed by others; by those who nurture us, those who horrify us and those who dare to love us. Revealing and heartfelt, the letters combine personal memoir with broader issues of faith, morality and relationship, and they invite all of us to consider our lives anew.

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