



## The Art of Heart Healing Handbook (Paperback)

By Pamala Perkins

Createspace, United States, 2012. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.If you have longed for a comprehensive approach to heart disease that goes beyond diet and exercise then this book is for you. Pamala Perkins presents an exciting look into heart health that focuses on the underlying emotions of heart disease and heartache. If you are experiencing a condition such as hypertension, coronary artery disease, congestive heart failure, cardiomyopathy, or heartache, (just to name a few) this is innovative information you don't want to pass up. It is designed to complement your current treatment program to give you the optimal approach to heart health. The Art of Heart Healing Handbook is a ground breaking approach that opens up a vast world of understanding by looking at heart disease from a new perspective. It offers an energetic blueprint of the physical heart based on emotions of the heart. Unresolved emotion can contribute to disease processes affecting the workings of the heart. The Art of Heart Healing Handbook is an examination of those disease processes from an emotional/energetic point of view as well as offering help for resolving the...



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